


*Training is the . . .*  *. . . to Success*



THE PACIFIC INSTITUTE®

&



***THE MONTANA DEPARTMENT  
OF CORRECTIONS***

**PRESENT**

**INVESTMENT IN EXCELLENCE®**  
***THE PRACTICE OF PEAK PERFORMANCE***

THIS PROGRAM FEATURES LOU TICE WHO HAS BEEN CALLED ONE OF THE FINEST EDUCATORS OF OUR TIME. HE IS INFORMATIVE, ENLIGHTENING AND EASY TO LISTEN TO. MORE SPECIFICALLY, HE HAS A WEALTH OF SOLID INFORMATION THAT WILL HELP YOU BETTER UNDERSTAND:

- WHY YOU THINK, FEEL AND BEHAVE THE WAY YOU DO.
- HOW TO INCREASE YOUR COMFORT LEVEL IN NEW SITUATIONS.
- HOW TO IMPROVE YOUR LEVEL OF PERFORMANCE IN ANY AREAS YOU CHOOSE.
- HOW TO DRAMATICALLY REDUCE YOUR LEVELS OF STRESS, TENSION AND ANXIETY.
- HOW TO IMPROVE THE QUALITY OF YOUR RELATIONSHIPS – AT HOME, AT WORK AND WHEREVER YOU GO.
- HOW TO SET AND ACHIEVE GOALS THAT REALLY MAKE A DIFFERENCE IN YOUR LIFE.

THE SEMINAR IS DIVIDED INTO 33 UNITS, WHICH ARE PRESENTED IN TWO SESSIONS. SESSION I IS THREE DAYS IN DURATION, WHILE SESSION II IS TWO DAYS. THE MATERIALS ARE SUPPLEMENTED BY AN EIGHT-WEEK, TAKE-HOME AUDIO PROGRAM AND MEETING-STARTER VIDEOS FOR AFTER-SEMINAR SUPPORT FOR YOUR INDIVIDUAL AND GROUP NEEDS. THIS IS A SIGNIFICANT COMMITMENT OF TIME; I ASSURE YOU IT IS WELL WORTH IT.

TO ATTEND, PLEASE, TALK TO YOUR SUPERVISOR, COMPLETE A TRAINING REQUEST FORM, OBTAIN THE REQUIRED SIGNATURES, [CALL GERI MILLER AT \(406\) 846-1320 EXT 2307](tel:4068461320); OR EMAIL [GERIMILLER@MT.GOV](mailto:GERIMILLER@MT.GOV) TO REGISTER AND FINALLY SUBMIT THE SIGNED FORM. SESSION ENROLLMENT WILL BE LIMITED TO 20 STUDENTS (SESSIONS WITH LESS THAN 15 STUDENTS WILL BE CANCELLED).

**BELOW ARE THE TRAINING DATES:**

**SESSION I**

[MAY 11 – 13, 2010](#) (TUESDAY - THURSDAY) 8:00 AM – 5:00 PM

**SESSION II**

[MAY 26 – 27, 2010](#) (TUESDAY - WEDNESDAY) 8:00 AM – 5:00 PM

*IF YOU ENROLL AND DO NOT ATTEND OR DO NOT CANCEL YOUR REGISTRATION 10 DAYS IN ADVANCE YOUR ORGANIZATIONAL CENTER WILL BE CHARGED THE FULL PRICE.*

COST OF MANUALS: \$241.00 PLUS SHIPPING & HANDLING PER PERSON

**[LOCATION: DOC TRAINING CENTER, 442 GOLF COURSE RD, DEER LODGE, MONTANA](#)**

For additional training opportunities, you may go to the DOC **Internet** web @ <http://www.cor.state.mt.us/Resources/Training.asp>; or the DOC **Intranet** web @ [http://mycor.cor.mt.gov/Human\\_Resources/Training/SchAnnForms.asp](http://mycor.cor.mt.gov/Human_Resources/Training/SchAnnForms.asp)